



Choosing a Confirmation Name

A Confirmation name may be the candidate's baptismal (given) name, thereby strengthening the link between baptism and Confirmation.

A candidate may also choose the name of a saint or virtue (Faith, Hope...). Girls may, if they wish, use the female version of a male saint's name, such as Denise for Dennis. A candidate may also use the foreign-language equivalent of any acceptable name (Esperanza for Hope, Francesca for Frances or Francis).

Only ONE name may be used.

How do I choose a name?

- You may want to honor a relative or your sponsor by using their name. In this case, find a saint with the same name.
- You may use your baptismal name if it is a Christian name.
- You may choose a saint who is a patron of a group you can relate to. Sebastian is the patron saint of athletes, Cecelia of musicians.

Websites to give you some ideas:

- <http://www.catholic.org/saints/>
- <http://www.americancatholic.org/>
- <http://www.catholic-forum.com/saints/>

There are also books available in the Religious Education room at St. Rose that may be used to research ideas.

Guidelines for paper on Confirmation name

Write a brief essay (2-4 paragraphs) explaining why you chose this name. Your paper must be typed, double-spaced and 12 font. Include in your paper:

- The meaning of the name
- Why you chose the name
- If it is a saint's name, give information about the saint's life
- If you are taking the name of your sponsor and it is NOT a saint's name, tell why you chose that person as your sponsor.
- A brief statement about what confirmation means to you.

Due date will be identified on Confirmation Calendar.